

CANADA'S HOME IDEA BOOK

RENO&DECOR

bathroom **BLISS**

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INSPIRATION,
SMALL-SPACE
SOLUTIONS *and*
PLUMBING ADVICE

INSIDE!
OFFICIAL
FALL HOME
SHOW
GUIDE

THE LATEST
IN *HOME*
AUTOMATION
TECHNOLOGY

DESIGNING
THE ULTIMATE
MASTER BEDROOM
RETREAT

plus
Our First-ever
PRODUCT
ANNUAL!

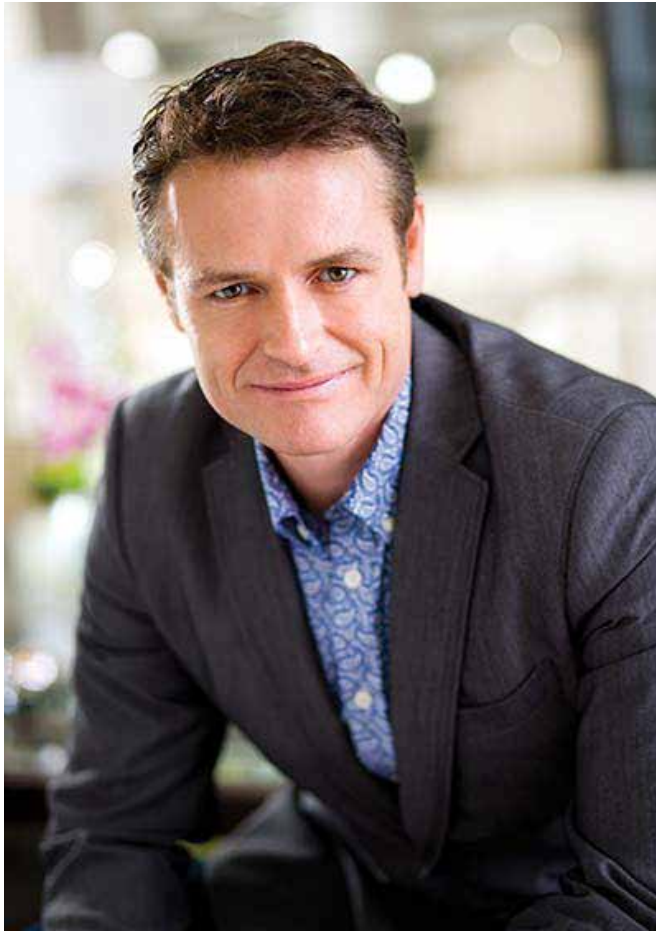
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PRODUCT SHOWCASES: Bathrooms, Fireplaces



the winds of change

Over the past few months exciting changes have been taking place for me, so much so that I feel like I'm going off to university for the first time.

I recently started designing a line of furniture, had my bedding line with St. Pierre picked up by En Route boutique, and I visited the World Furniture Fair.

One of the most exciting changes for me, though, has been the new partnership I entered into with Jamie Alexander to create Peloso Alexander Interiors. It is amazing to collaborate on such a broad scale to create spaces for homeowners where we design every element including customized furniture.

I'm continually thankful for all of the opportunities afforded me where I can be inspired and creative. But there are only so many hours in a day, and so these changes are bittersweet.

Starting with the December/January issue, Cobi Ladner will take my place at *RENO & DECOR*. Cobi is a leading decor and lifestyle authority; someone who will share her own brand of design and renovation insights with you each issue.

In this issue, you'll find a wealth of information and inspiration for almost every room in the house, plus the inaugural Product Annual. On these pages, you'll find all kinds of product sources for your next project.

I most certainly want to thank the entire staff of the magazine and the readers for their positive feedback. It's been an incredible year!

IN THIS ISSUE! THE OFFICIAL SHOW GUIDE FOR THE TORONTO FALL HOME SHOW

RUNNING OCT. 3 – 6 AT THE BETTER LIVING CENTRE
EXHIBITION PLACE, TORONTO
SEE YOU THERE!

Custom sofa
and curated
accessories by
Peloso Alexander
Interiors



GLEN PELOSO
EDITOR

We look forward to hearing from you and welcome your feedback. Do you have a reno or decor question for our team of experts? Email editorial@renoanddecor.com



bedroom

BASICS

- RETREAT
- REFRESH
- RECLINE

GLEN PELOSO EDITOR
PHOTOGRAPHY BY LARRY ARNAL

Bedrooms can be tricky to design, depending on how much space you have to work with and when you expect the sun to filter into the room.

Everyone has a different idea as to how a bedroom should feel. Some believe the bedroom is no place for a television, while others couldn't live without one. For some, having to factor in a number of needs and pulling them all together can be a challenge.

MATTRESSES

If you abide by the rule "form follows function" then it is clear that the bed will be the focus of the room. And, the most important part of the bed is the mattress.

Since there is no practical way for a

design professional to select a mattress for a client, my advice is to try several options yourself. Recline on the mattresses for a few minutes each – the store anticipates this, so take your time and make sure it feels right.

As a side note, when travelling, if you discover a bed that offers you a great night's sleep, don't hesitate to inquire about the brand. Personally, I find Sterns and Foster sleep sets comfortable, plus they offer longevity.

FURNITURE

For this design, we were looking for a head and footboard that would add a sense of history. To achieve this, we used a reclaimed metal bed that we painted to suit the new style of the room.

To inject a bit of a retro-glam, we used two mirror-finished nightstands.

As an added bonus, because the room

wasn't all that large, the mirrored nightstands help reflect other elements of the room. They aesthetically disappear and make the room feel larger. And, the drawers provide additional storage without having to add another piece of furniture to the space.

CLOSET SPACE

The closet in this room was situated along one entire wall. Often, this placement is preferred over a walk-in closet when space is a concern.

A walk-in closet will typically have a few blind corners, which is a waste of useful space. Plus, the space required to walk into a closet is also space lost in the overall footprint of the room.

In this bedroom, the internal closet organization system allowed us to incorporate drawers into the closet, freeing up even more floor space in the bedroom.

WINDOW COVERINGS

Window coverings are also essential to an effective master bedroom design. We used a silk fabric backed with blackout lining. You want to assure that glaring streetlights, the lights from neighbouring homes, in addition to the rising sun at 5 a.m., can all be blocked out as needed.

Blackout lining is also perfect for shift workers or anyone who wants to take an afternoon nap. (I never wanted to nap as a child, but as I get older I want to reclaim all those naps I refused to take as a kid!) Beware, though, that blackout lining can make draperies heavy. Be sure to select appropriate drapery-rod brackets and securely anchor the brackets to the wall to fully support the weight.

BEDDING

Good-quality cotton bedding makes for a comfortable sleep. For this space, I

chose bedding that I designed and created with St. Pierre Linens.

The quality of the cotton is the most important thing to consider when selecting bedding. These particular bed linens are created from fine cotton produced in Portugal. They wash and wear well, which was my focus when creating this line.

Don't be fooled by the marketing of high thread counts. Ideally, the thread count should be around 350 threads per square inch. The same quality thread at 1,000 per square inch would feel like wood. To get a pliable 1,000 thread count means the fibres become thin and lose integrity.

And don't forget to select a good pillow – I prefer a down-filled pillow. Look for one that properly supports your neck. If allergies are a concern, you can source out hypo-allergenic fills, including water-based pillows.

When you consider the amount of

money that people will spend on a suit that they'll wear perhaps one day a week, versus bedding which will be used EVERY day for a week, it just makes good economic sense to invest in quality bedding.

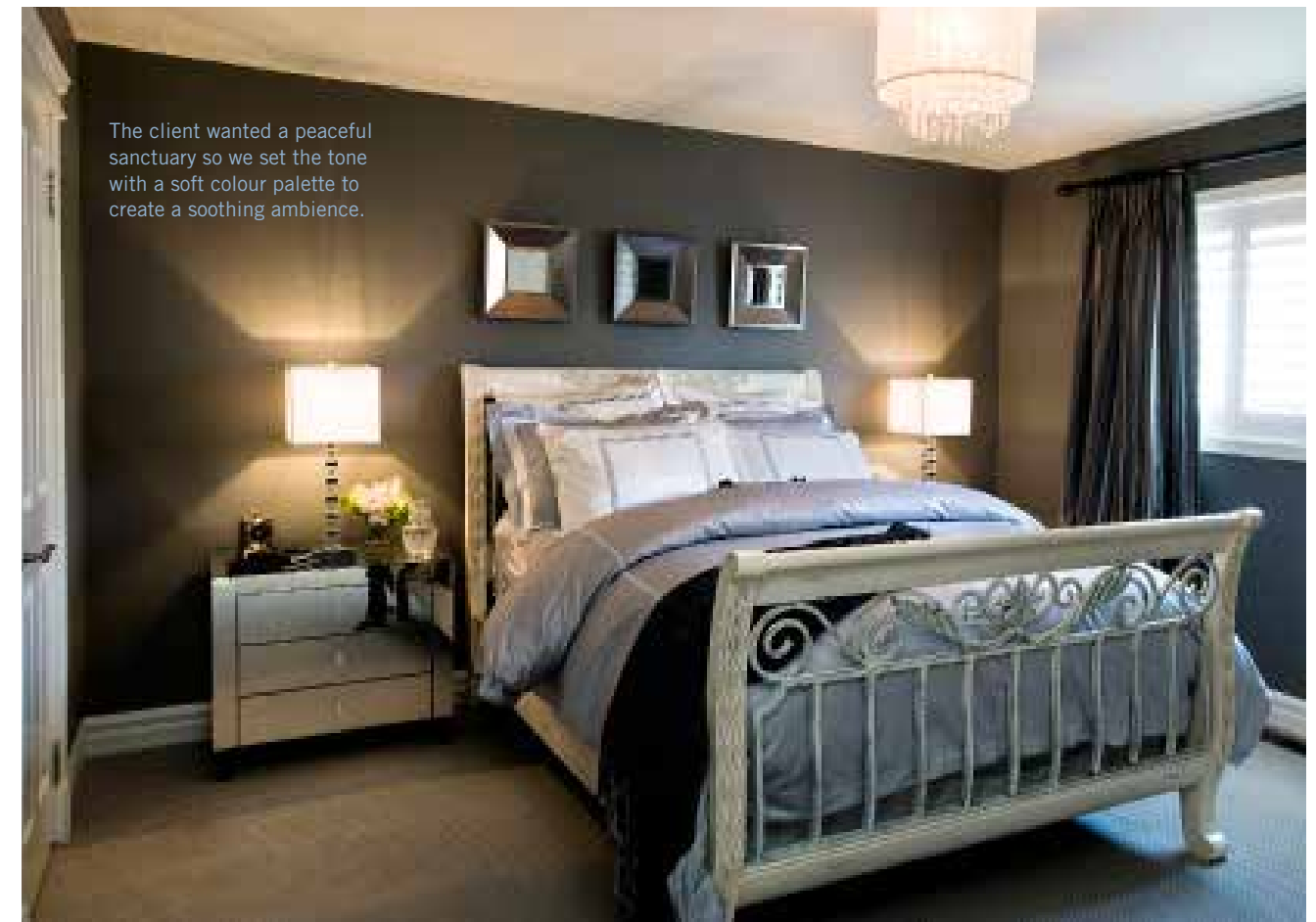
DECOR & MORE

Finally, you are left with the decorative elements of the room. Ideally, choose a paint colour that has a calming effect and induces sleep.

Very bright colours can make it difficult to sleep, whereas soft greys or beige colours work well to create a neutral, quiet background.

With your colour choice made, select art and accessories that suit your taste. In this space, we added bedside lamps, mirrors over the headboard, and some additional pillows to finish off this sumptuous-looking room.

Now, all that is left is to tuck in for a good night's sleep!



QUEEN STREET WEST

GLEN PELOSO EDITOR

There are so many shops along Queen Street West that you may want to walk and browse for a few hours and then return with a car to pick up your fabulous finds.

Starting with the **Umbra Concept Store** (165 John St. at Queen St. W., umbra.com), you'll find a great collection of carpets, wallpaper, storage bins, drapery rods, and more. **CB2** (651 Queen St. W., cb2.com) features furniture for the entire house along with accessories and art that illustrate a sense of youthful style.

Be sure to check out **Quasi Modo** (789 Queen St. W., quasimodomodern.com) for offerings from some of the world's best modern designers.

Designer Fabric Outlet (1360 Queen St. W.) specializes in window coverings and upholstery – you can add a few of your own homemade pillows to the mix.

Finally, check out **Studio Brillantine** (1518 Queen St. W., studiobrillantine.com) for smaller accessories. Not only is it an interesting place to shop, but you get the sense you're touring an industrial design exhibit.

At some point you may need a coffee and a small nosh. **Nadège Patisserie** (780 Queen St. W., nadege-patisserie.com) is a beautiful place to grab a bite. Their macarons rival those at **Ladurée in Paris** (laduree.com). Just a guilty pleasure I thought I'd share.



At **Stylegarage** (938 Queen St. W., stylegarage.com), if you don't find what you're looking for in store, they'll custom-make it to suit you and your space.



Atomic Design (965 Queen St. W., atomicdesign.ca) features mid-century modern classics, lighting from the '60s, wonderful bits of art glass, a good collection of Canadian-industrial designer work and a generally great selection of accessories to make you "cool".

If you're looking for a collection of space-saving, contemporary furnishings (great for condo living), look to **Blvd Interiors** (707 Queen St. W., blvdinteriors.com).



Check out **Morba** (665-667 Queen St. W., morba.ca) for a great collection of mid-century modern reproductions that represent good design sense without the cost of originals.



Feather Factory (1606 Queen St. W., featherfactory.com) is a full-service bedding store with fine-quality linens and down products made on site. Their refurbishing service cleans and renovates duvets, pillows and sofas made with down or a down/feather mix, returning them to just-like-new condition.

