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Nursery Rooms:

Pink or Blue?

By Dvira Ovadia

Toronto-based celebrity & award winning designer Dvira Ovadia Principal of Dvira Interiors is known for her appearances and design work on various HGTV shows. Dvira and her team uses their profound understanding of design to create stylishly smart spaces. Servicing clientele throughout Ontario & GTA.
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Some parents-to-be choose not to find out in advance the gender of their child in anticipation of the surprise, while others want to have everything ready for the day their baby says hello to the new world. Let's not forget, most pregnant women have the nesting syndrome that can't keep them away from organizing, preparing and decorating!

So what to do? Pink or blue? Going with a gender-neutral colour scheme that's fun and a little less typical allows you to cater to all babies alike. More so, going a little less baby and a little more playful allows you to bridge those years from baby to toddler to preschooler, and then some. Allowing the design of your room to play out for five to seven years really makes it worthwhile investing in a fun and fabulous space.

When designing nurseries, we always source and invest in some key furniture pieces that are versatile and can be repurposed in the future. A fabulous dresser can double as a change table. Choose a colour or finish that is classic and timeless. A dresser is a piece of furniture that can grow with your child for many years. From crib to double bed, a crib that can convert into a toddler's bed or even a double bed is a great investment. Most manufacturer give the option of side rails and extensions to make these conversions possible.

A rocking chair or recliner is another vital piece of furniture in a nursery. Look for one that can be repurposed to a child's room, den or library down the road. Quality seating can last forever and can always be reupholstered for a new look in another room in the house.

When it comes to art and accessories, look for fun, fresh pieces that coordinate with your colour scheme. A cozy, vibrant rug in the centre of the room completes the look.



Choosing a light fixture that can stand the test of time is also essential. Look for something classic and unique. Going too trendy or too colour-specific will date very quickly.

Don't forget the walls. Consider a patterned wallpaper that can grow with your look. By choosing wisely, you can use wallpaper on a feature wall to create an anchor in the room and a backdrop to your crib or dresser. Wallpaper can also be used above a chair rail. Keeping the quantity of paper to a minimum by placing it only on a feature wall or above a chair rail will make the room feel lighter and brighter. Coordinate your paint colours with the wallpaper. Whenever we install wallpaper in a space, we always grab our paint chips and match one of the colours in that paper to paint the adjacent walls, so that the wall colour feels uninterrupted.

Don't shy away from experimenting with colours! It's a kid's room after all. Some colour combinations to consider are yellow and gray, orange and teal, red and white, or whatever tones your personal palate gravitates toward. Think of these as your vivid base tones and layer with additional luminous colours. The most important point is to have fun and keep the look vibrant and fresh.

